

# The Ummi Scholarship Foundation *for Girls*

“Many girls today are engaging in self-destructive behavior; cutting themselves, obsessing over their appearance, grades, sports, and social networking sites; acting sexy when they don’t feel sexy. Our young ladies have a brittle sense of self-esteem. They are confused about their sexual identity and there is new evidence that environmental toxins are accelerating their physical maturity faster than their emotional maturity. They look confident and strong on the outside but inside they are fragile.” *Leonard SAX, M.D., Ph.D.*

*The Ummi Scholarship Foundation for Girls* is dedicated to improving the lives of young ladies in crisis by investing in their future; investing, not in the sense of providing material needs, but investing in them on an emotional and spiritual level. The aim is to create a greater awareness of the issues impacting young women.

The focus is on implementing grass roots projects to become more intimately involved in the lives of the individuals we are impacting. *Ummi Scholarship Foundation for Girls* places high emphasis on the social, economic and psychological needs of young women.

*The Ummi Scholarship Foundation for Girls* goals are:

- ◇ To provide the tools to enhance and improve self-esteem in this highly complex world.
- ◇ Promote increased interest in education from high school and college through planned programs and scholarships;
- ◇ Encourage the development of personal goals and leadership potential
- ◇ Establish and promote civic and social service activities for young women.

*The Ummi Scholarship Foundation for Girls* aims are to:

- ◇ Demonstrate the importance of making worthwhile contributions to society.
- ◇ Project the philosophy of the pursuit of excellence in all worthy endeavors
- ◇ Develop leadership expertise among young women.

*The Ummi Scholarship Foundation for Girls* projects are:

- ◆ **Girls Assistance Program:** Program designed to provide outreach services to meet the educational needs of young women wanting to advance their education..
- ◆ **Future Leaders Association:** – Programs that provide socialization and development opportunities for young ladies leadership training, and encourage them to realize their potentials to the fullest.
- ◆ **Teen Pregnancy Prevention:** A teen pregnancy prevention project designed to help educate communities about teen pregnancy and develop effective action agendas for preventing children from having children



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